

# PROTECTING PEOPLE IN EAST AYRSHIRE

**If you think someone is in immediate danger  
– phone the Police on 999**

We know that COVID-19 brings uncertain times but now, more than ever, our priority is to make sure we support and protect people from harm and abuse. Our services are open and continue to provide help and support. If you know, or think you know, someone who is at risk, or is being neglected or harmed, please tell us. **We are here to provide help and support.**

## Worried about an adult?

East Ayrshire Health & Social Care Partnership are here to help. Please contact:

**T: 01563 554200** East Ayrshire North  
**01290 427720** East Ayrshire South

**E: [HSCP@customerfirst@east-ayrshire.gov.uk](mailto:HSCP@customerfirst@east-ayrshire.gov.uk)**

This service operates Monday to Friday 9am – 5pm (4pm Friday)

## Worried about a child?

East Ayrshire Health & Social Care Partnership are here to help. Please contact:

**T: 01563 554200** East Ayrshire North  
**01290 427720** East Ayrshire South

**E: [social.work@east-ayrshire.gov.uk](mailto:social.work@east-ayrshire.gov.uk)**

This service operates Monday to Friday 9am – 5pm (4pm Friday)

## Worried about a problem with alcohol or substance use?

Our Alcohol and Drug Partnership understands these problems. These local services are here to listen and offer advice and support. Please contact:

**NHS Addiction Service East Ayrshire**

**T: 01563 574237**

**We are With You (formerly Addaction)**

**T: 01563 558777**

**Scottish Families affected by Alcohol & Drugs**

**T: 08080 101011**

**Ayrshire Council on Alcohol**

**T: 01292 281 238**

## Worried about experiencing violence or abuse?

People may be more at risk of domestic violence or abuse during this time. Our Violence Against Women Partnership can provide help, advice and support. Please contact:

**East Ayrshire Women's Aid** **T: 01563 536001**

**Hemat Gryffe Women's Aid** **T: 0141 353 0859**

**Break the Silence** **T: 01563 559558**

**Turn to Us-The Star Centre** **T: 01563 544686**

**Victim Support** **T: 01563 540252**

**Abused Men in Scotland** **T: 0808 801 0327**

**Men's Advice Line** **T: 0808 801 0327**

**LGBT Helpline Scotland** **T: 0300 123 2523**

**Modern Slavery Helpline** **T: 0800 121 700**

**National Domestic Abuse Helpline 24(hr)** **T: 0800 027 1234**

**National Victim Support** **T: 0800 160 1985**

[Visit our website for information including where you can go for support in East Ayrshire.](#)

## Worried about suicide or self-harm?

Every life matters and there are many local and national organisations who are here to listen and offer help. For crisis help and support please contact:

**Emergencies** **T: 999**

**Samaritans** **T: 116 123**

**Breathing Space** **T: 0800 83 85 87**

**NHS 24** **T: 111**

[A full support directory is available.](#)

EAST AYRSHIRE

**Health & Social Care  
Partnership**



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## Want to know what help is available in your local community?

Many people in our communities will be more vulnerable at this time. They may be feeling isolated or lonely, and others may require some support and assistance with practical things such as dealing with debt or money worries, shopping, access to food or medication over the coming weeks.

[Find the full range of community hubs and local resilience groups here.](#)

Or contact **Vibrant Communities**

**T: 01563 576354**

**E: [vibrantcommunities@east-ayrshire.gov.uk](mailto:vibrantcommunities@east-ayrshire.gov.uk)**

Please also contact one of the services below:

<b>Befriending Service</b>	<b>T: 01563 576354</b>
<b>School meals or</b>	
<b>Community food provision</b>	<b>T: 01563 554400</b>
<b>Food Bank</b>	<b>T: 01563 574000</b>
<b>Citizens Advice Bureau</b>	<b>T: 01563 543379</b>
<b>Financial Inclusion Team</b>	<b>T: 0800 389 7750</b>
<b>EAC Universal Credit</b>	
<b>Support Team</b>	<b>T: 01563 503280</b>

## Worried about scams or fraud?

Fraudsters are using the COVID-19 pandemic to scam the public – don't become a victim.

The majority of scams that are being reported are online shopping scams where people have ordered protective face masks, hand sanitiser, and other products, which have never arrived.

Other frauds being reported include ticket fraud, romance fraud, charity fraud and lender loan fraud.

[For further information on spotting scams.](#)

Report scams to **Trading Standards**

**T: 01563 576790 (option 5)**

**E: [tradingstandards@east-ayrshire.gov.uk](mailto:tradingstandards@east-ayrshire.gov.uk)**

## Worried about someone out of hours or over the weekend?

For help available outwith daytime hours or at weekends please contact:

**Ayrshire Urgent Care Service**

**T: 0800 328 7758**

This service operates Monday to Friday 9am – 5pm (4pm Friday)

## Further Information

**Scotland's National BSL Interpreting Video Relay Service**

<https://contactscotland-bsl.org/>

**East Ayrshire Sensory Impairment Team** **T: 01563 554200 (Kilmarnock & surrounding areas)**

**T: 01290 427720 (Cumnock and surrounding areas)**

**E: [social.work@east-ayrshire.gov.uk](mailto:social.work@east-ayrshire.gov.uk)**

This service operates Monday to Friday 9am – 5pm (4pm Friday)

## Can't find what you need?

**Contact East Ayrshire Council**

**T: 01563 554400**

<https://www.east-ayrshire.gov.uk>

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