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| **Infant, Children and Young People’s Transformational Change Programme Board (PB)****Wednesday 6th May 2020 at3.30pm**  | **Teleconference**:Lynne McNiven **(LMcN)** – ChairMichelle Kennedy **(MK)** - MinutesJulie Barrett **(JB)**Sina Currie **(SC)**Laura Dalziel **(LD)**Maura Edwards **(ME)**Lorraine Fleming **(LF)**Samantha Fredrikson **(SF)**Philip Gosnay **(PG)**Brenda Knox **(BK)**Jim McMillan **(JMcM)**Dale Mellor **(DM)**Jayne Miller **(JMill)**Pamela Milliken **(PM)**Claire Monaghan **(CM)**Julie Muir **(JMuir)**Rosemary Robertson **(RR)**Collette Sinclair **(CS)**Pamela Milliken **(PM)**Dalene Sinclair **(DS)**Emma Stirling **(ES)**Rosemary White **(RW)**Julie Miller **(JuM)**Margo Taylor **(MT)** | **Apologies:**Ruth CampbellSharon HardieFiona LongmuirMarina McLaughlin Faye MurfetMargo TaylorLiam WellsClaire WilsonSusan Wilson Kathleen WinterMark InglisZoe KellyRegina McDevittLinda SurgenorAttica WheelerScott WilliamsonVicki YuilleScott WilliamsonAnne Murphy |

| **Item** | **Discussion** | **Actions** | **By Whom** | **Target Date** | **Post meeting note on progress** | **Status** **(Open/ Closed) Date** |
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|  | **Welcome and Introductions** | LM thanked everyone for participating in this extraordinary meeting.  |  |  |  |  |  |
|  | **Action Note of Meeting Held on 23rd April 2020** | There were some outstanding actions from the meeting held on 23rd April, as outlined below:.RR to send on the three partnerships continuity plans to LMcN.LS to provide additional information for the Alcohol and Drug Partnership. Send to MK.LS to send information on the Distressed Brief Interventions link, which is being prepared by the national team. It will be accessed via NHS24. | LS to send to MK.LS to send to MK. | **RR****LS****LS** |  |  |  |
|  | **Mental Health and Wellbeing** | TB spoke to mental health key themes in relation to women, children and young people: | MK to add the Mental update to the risk template. | **MK** | 6.5.20 | Complete |  |
|  | TB spoke to MH update. Noted that the Perinatal information has still to be incorporated.LMcN spoke about the distressed pathway work. SF said the mapping and unscheduled care pathway for assessment of young people had been put on hold due to COVID. However, this is now in progress and she has started to scope the requirement for that pathway again. There needs to be conversations on when this opens up for young people. Need to look at more community focus. Think the need will be different following COVID.JuM said CAMHS guideline still required to be ratified. SF agreed to take this through the guidelines meeting. She advised that David Thomson was looking at something around prescribing and it would be good to have someone from Paediatrics on the group and an ANP was suggested. SF to action.LMcN said that access to ED has been quiet so it would be a good opportunity to do some case analysis work.MMcL said that there have been recommendations through recent reviews of people who have completed suicide. However, East Ayrshire Chief Officers group review is still outstanding and the final report cannot be completed until this work is completed.TB spoke about funding available to Local Authorities. We need to build on the wellness model and drive the ideas and future investment and how these are going to look. LMcN agreed to forward on the Perinatal third sector fund as they are now accepting applications. BK spoke about the work being undertaken around risk to mental wellbeing. Focussed on developing information that is now on the NHS A&A website. MK advised that it is also on the Ayrshire GIRFEC website. Also sent to specific groups (parents and carers) through the community hub. Also need to raise people’s awareness of public mental health. It’s not about mental ill health; it’s about supporting mental wellbeing for all not just whether someone has a mental health condition. There is also training: Mental health and wellbeing: a practical approach, delivered through Microsoft teams. Starting to identify gaps on what we may not be doing and predict what’s happening in the future in the short, medium and long term. Need to sustain grass roots community resilience for parents, young people and children. **TB asked if services could mar on the plan what each of the education services are doing.**Sina spoke to East Ayrshire update and how they are changing their children services model and focussing on early intervention and prevention. Working with parents and how things might look different. All working together to ensure the right person delivers the right care to the children. A team of practitioners will work out in locality and work with same families. Following the GIRFEC principles and guidance. SC spoke to Stuart McKenzie on how can built capacity re health and wellbeing. Also have third sector helping and supporting unskilled staff working at universal level.JM spoke to South Ayrshire update and how a paper is being developed by the Mental Health and Wellbeing group. Continuing with school councillors and ‘Place to be’ at Carrick. Douglas Hutchison is linking in with TB regarding representation on the group. **TB agreed to follow up with Douglas.**DS spoke to North Ayrshire update. She has had conversations with Stuart McKenzie and also spoke about the wellbeing model in Largs and Kilwinning. The other work is around suicide prevention. North Ayrshire would like the same model as East Ayrshire for School nurses. School nurse Interviews halted because of COVID but hoping to do virtual interviews. Also have vacancy for LAC nurse. For Early Years re perinatal Mental Health, have a working group chaired by Malcolm Cameron and there’s also the funding that Nicola Stewart is working on. The Perinatal Nurse is doing great work but how do we support the mums to improve health and wellbeing outcomes for the child. Most vulnerable mums going through assessment are excluded from Perinatal mental health. Need to do work around these mums and how can support them.RW spoke about NADA for pre-birth Pregnancy home visits. Services have increased home visits with NADA staff. Hidden harm will be more visible after COVID.**SF agreed to find out what is happening around Perinatal Mental Health.**LF spoke about GBV and about linking into emotional mental health. They are continuing to provide support for people experiencing domestic abuse and then about how to get that support to people.MT said they hadn’t seen an increase in requests for support. Not been getting suicide notifications from Police for children, however this is being addressed.TB is re-launching the pan Ayrshire group and a date will be issued soon. Also plan to get the Choose Life coordinator back in the mix. All of this work will be part of this group. PM said she would be really keen to support that. She advised there had been two datix this week, so might now be starting to see problems arising. This is important to prioritise. **TB to put on the risk template.**It was agreed to continue with emotional health and wellbeing for the next few meetings. **LMcN and TB to meet before the next meeting.** If the group could also have a think about what exactly they are doing and be honest about what areas need strengthened. **TB would like reports from each area** so that they get better updatesand alsoprovide good practice. The risk matrix could be used to capture this information. JuM said it’s not just about mental health services - it would be good to include other things on the template. We don’t want work going un-noticed. **Deadline: Wednesday 13 May to send updates to MK.**JMuir spoke to psychology update, which fits in great with loneliness etc. **JM to send the update to MK.****MK to send out the revised risk template to the group**. |
|  | **Risk template** | LMcN spoke to risk template, previously circulated. Following discussion, it was agreed that any further updates/additions should be send to MK. | Members to send updates and additions to MK. | **ALL** |  |  |  |
| **5.** | **Any Other Competent Business** | There was no other business. |  |  |  |  |  |
| **6.** | **Date and Time of Next Meeting** | Tuesday 19th May at 10,00am.**Dial: 0800 917 1950 Participant: 44786608 then # Chair: 55407226 then #**The topic will be Mental Health and wellbeing.  |   |  |  |  |  |